# Comparison of treatment planning decisions when combining CBCT and digital radiography verses digital radiography alone 

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# Comparison of treatment planning decisions when combining CBCT and digital radiography verses digital radiography alone 

A thesis submitted in partial fulfillment of the requirements for the degree of Master of Science in Dentistry at Virginia Commonwealth University.

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# Abstract <br> COMPARISON OF TREATMENT PLANNING DECISIONS WHEN COMBINING CBCT AND DIGITAL RADIOGRAPHY VERSES DIGITAL RADIOGRAPHY ALONE 

By McKay B. Packer, DDS

A thesis submitted in partial fulfillment of the requirements for the degree of Master of Science in Dentistry at Virginia Commonwealth University.

Virginia Commonwealth University, 2016

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Cone beam computed tomography (CBCT) is the recommended imaging modality of choice for evaluating previous endodontic treatment (1). The aim of this study was to compare treatment planning decisions made when evaluating previous endodontic treatment to determine if treatment planned and projected prognosis differs when digital radiography is used alone or in combination with CBCT. A retrospective chart review was conducted. Patients for whom a CBCT was taken were included in the study. Twenty-eight patients qualified. Patient's periapical digital radiographs (Dexis©) were evaluated by 2 calibrated endodontists, a treatment plan was identified and a prognosis was projected. Later the same radiographs were viewed with CBCT scan. The CBCT provided significant information $75 \%$ of the time. CBCT provided the only information for an accurate diagnosis $17 \%$ of the time. Prognosis changed 38\% of the time when CBCT was added. An unfavorable or questionable prognosis changed to favorable $30 \%$ of the time.

## Introduction

Cone beam computed tomography (CBCT) is one of the most recent innovations in imaging modalities. Since its approval by the Food and Drug Administration in March 2001, use in dentistry has steadily increased (2). Improvements in imaging quality coupled with decreased radiation exposure have resulted in acceptance of the modality as a viable primary and secondary digital imaging option for endodontics.

CBCT is a radiographic technology which allows the viewer to see scans/images in threedimensions. The source of the X-ray rotates between 180 and 360 degrees around the head of the patient. This cone shaped radiograph captures a volume of data or Field of View (FOV) which is made up of smaller parts of data call voxels. Voxels are small, three-dimensional, squares of radiographic data which are combined to form a larger "scan" of view. These voxels are isotropic (equal in height, length, and depth) making the image geometrically accurate in any plane (3). This data can then be viewed in three planes of view: Axial, Sagittal, and Coronal.

Radiographic imaging in dentistry has evolved over time. As early as the 1950's, radiography with standard film was used regularly in dentistry. Digital radiography began to replace film in the late 1990's and early 2000's. Dr. Frances Mouyen introduced digital radiography in dentistry in France in 1987. It was known as Radiovisiography by Trophy (RVG, formerly Tre-trophy Radiology Inc., Marietta, GA). The FDA approved its use in $1998(4,5)$. Nair and others discussed the value of digital radiography. Advantages cited were contrast
enhancements, magnification of images, the ability to view the image/x-ray immediately after exposure, less use of environmentally harmful developing chemicals, and ease of archiving and transmission (5).

With all the advantages of digital radiography, there are still disadvantages. These include compression of 3-dimensional (3D) anatomy, geometric distortion, and anatomic superimposition (6). While CBCT allows for better representation of a tooth's 3D anatomy the added radiation exposure to the patient compared to standard digital radiography is of concern. One way to reduce patient exposure is by limiting the field of view (7). CBCT can be performed in multiple sizes, $5 \mathrm{~cm} \times 5 \mathrm{~cm}, 10 \mathrm{~cm} \times 5 \mathrm{~cm}, 8 \mathrm{~cm} \times 8 \mathrm{~cm}, 10 \mathrm{~cm} \times 10 \mathrm{~cm}, 17 \mathrm{~cm} \times 11 \mathrm{~cm}$, and $17 \mathrm{~cm} \times 13.5 \mathrm{~cm}$. These varying sizes are necessary depending on the disease being evaluated and what structures are desired to be viewed. Resolution and radiation dose depend on the size of scan taken. The larger the scan, the greater the radiation exposure and lower the resolution of the scan. The most common scan size used in endodontics is the limited field of view (FOV) 5 cm x 5 cm . This is ideal for most endodontic applications where a single quadrant is of concern rather than an entire arch or the entire dentition. A smaller field of view allows for the highest possible resolution and lowest radiation exposure. Resolution provided by $5 \mathrm{~cm} \times 5 \mathrm{~cm}$ at 70 or 90 voxels allows for assessment of loss of the lamina dura and widening of the periodontal ligament (PDL) necessary for diagnosis of periapical pathosis $(8,9,10)$. The American Association of Endodontists in their Colleagues for Excellence on Cone Beam Computed Tomography in Endodontics, recommended for most endodontic applications, a limited or focused FOV over a large volume CBCT. This document states that "A limited FOV CBCT provides: 1) increased resolution to improve the diagnostic accuracy of endodontic-specific tasks such as the
visualization of small features including calcified/accessory canals, and missed canals, 2) highest possible resolution, 3) decreased radiation exposure to the patient, 4) time savings due to smaller volume to be interpreted, 5) smaller area of responsibility and 6) focus on anatomical area of interest." (11)

Ludlow and White (1) documented the radiation exposure of a CBCT scan and compared this to the radiation exposure of a periapical film. For the Kodak ${ }^{\text {TM }} 9000$ 3D CBCT Limited FOV $5 \times 5$ scan (Figure 1), the effective dose for maxillary posterior teeth is 9.8 uSv . For mandibular posterior teeth the effective dose is 38.3 uSv . This was compared to a single digital periapical radiograph or a single days' worth of background radiation at sea level. Based on their studies, a maxillary posterior CBCT is the equivalent of 0.78 periapical radiographs and a mandibular posterior CBCT is the equivalent of 6.38 periapical radiographs. The ALARA (as low as reasonably achievable) principle is an important aspect to consider in determining the need for a CBCT. Accurate diagnosis often requires multiple periapicals due to anatomic superimposition or geometric distortion. Radiation exposure should be the least amount needed to accurately diagnose. The ALARA principle applies whether it is traditional digital radiographs or a CBCT. In cases such as a maxillary molar where two periapicals are often indicated, the decision to take a CBCT may be warranted and in line with the ALARA principle.

| Ionizing Radiation Dosages (approximate) |  |  |
| :---: | :---: | :---: |
| Activity | Effective Dose in pSv | Dose as Days of Equivalent Background Radiation |
| 1 day background radiation, sea level | 7-8 | 1 |
| 1 digital PA radiograph | 6 | 1 |
| 4 dental bite-wing radiographs, F -speed film | 38 | 5 |
| FMX; PSP or F-speed film | 171 | 21 |
| Kodak ${ }^{\circledR} \mathrm{CBCT}$ focused field, anterior | 4.7 | 0.71 |
| Kodak ${ }^{\bullet}$ CBCT focused field, maxillary posterior | 9.8 | 1.4 |
| Kodak ${ }^{\text {® }}$ CBCT focused field, mandibular posterior | 38.3 | 5.47 |
| 3D Accuitomo, J. Morita | 20 | 3 |
| NewTom 3G, ImageWorks | 68 | 8 |
| Chest x -ray | 170 | 25 |
| Mammogram | 700 | 106 |
| Medical CT, head | 2,000 | 243 |
| Medical Cat Scan (Spiral CT abdomen) | 10,000 | 1,515 |
| Federal Occupation Safety Limit per Year | 50,000 | 7,575 |

## Figure 1. Ionizing Radiation Dosages (approximate)

When compared with traditional radiographs, CBCT has proven to have distinct advantages in identifying anatomic structures and presence of periapical lesions (12, 13, 14, 15, 16). Studies have also shown it advantages over conventional radiography in identifying anatomic structures and lesions. Velvart (17) found that CBCT was able to more accurately find and measure anatomic structures and their distance from endodontic areas of concern. They also determined CBCT was able to identify endodontic lesions with $100 \%$ accuracy, whereas, conventional radiography was only able to identify lesions with $78 \%$ accuracy. The increased accuracy should result in more appropriate diagnosis and improved decision making in the management of complex endodontic cases (18).

Endodontics has a particular interest in the advantages of CBCT primarily due to its ability to allow clinicians to better visualize specific areas without superimposition of other
anatomic structures $(18,19)$, identify lesions which may not be visible on conventional radiography, assess tooth internal and external anatomy and to see endodontically important structures not visible on two-dimensional radiography. A scan also provides the ability to detect smaller areas of concern than traditional radiography, especially areas of low density (20).

Treatment planning is particularly challenging in endodontic retreatment procedures where initial nonsurgical endodontic treatment has not resulted in the desired outcome. Diagnosis attempts to identify etiology of treatment failure. Recommended treatment is often guided by what is or is not known about the anatomy of the tooth. Traditionally this anatomy was re-evaluated prior to retreatment with traditional periapicals. Today CBCT is an option. The advantages provided by CBCT are of particular interest, because it may provide added information, therefore increased understanding that should result in increased success of retreatment.

The American Association of Endodontists (AAE) and American Academy of Oral and Maxillofacial Radiology (AAOMR) in their Joint Position Statement, Use of Cone Beam Computed Tomography in Endodontics 2015 Update, gave scientifically based guidelines regarding the use of CBCT in endodontic treatment (1).

Recommendation 7 states: "Limited FOV CBCT should be the imaging modality of choice when evaluating the nonhealing of previous endodontic treatment to help determine the need for further treatment, such as nonsurgical, surgical, or extraction". Recommendation 8 states: "Limited FOV CBCT should be the imaging modality of choice for nonsurgical retreatment to assess endodontic treatment complication, such as overextended root canal oburation material, separated endodontic instruments, and localization of perforations". Liang et
al (21) identified the factors that impact the outcome of root canal treatment with both periapical radiographs and CBCT. They found that periapical lesions were identified with periapical radiographs in 18 roots (12\%) compared with 37 roots (25\%) with CBCT.

The position statement stressed the importance of accurate treatment planning in these cases by stating that "incorrect, delayed, or inadequate endodontic diagnosis and treatment planning placed the patient at risk and may result in unnecessary treatment". This was supported by a study performed by Ee et al (22) where treatment planning decisions using CBCT verses intraoral radiographs were compared to the gold standard of diagnosis. When intraoral radiographs were used an accurate diagnosis was reached in $36 \%-40 \%$ of cases, as compared to the CBCT where an accurate diagnosis was reached in $67 \%-83 \%$ of cases.

Ameida et al (23) also studied the impact of CBCT on diagnosis. In their study the examiner submitted a preliminary diagnosis before CBCT examination and then again, after the CBCT examination. Results were plotted and diagnosis was changed $35 \%$ of the time after the CBCT was examined. They concluded "CBCT has a substantial impact on diagnosis".

There has always been an ongoing discussion in endodontics, as to whether the additional information provided by CBCT actually effects the treatment which is ultimately performed. In other words, does the added information provided by CBCT cause significant changes to endodontic treatment planned by endodontists?

Many studies have shown CBCT to be more effective and beneficial when compared to standard periapical radiographs in detecting apical pathology (24, 25, 26, 27). Patel et al found more periapical lesions using CBCT than with standard radiography. In a follow-up study of the prevalence of periapical lesion of roots, he found periapical lesions in $20 \%$ of roots with
radiographs. With CBCT, periapical lesions were found in $48 \%$ of teeth treatment planned for endodontic therapy. Also, a significant difference in outcome diagnosis was found between the two modes of radiography.

Lofthag-Hansen et al (15) confirmed similar findings in his retrospective chart review study. They found more information was visible with CBCT than periapical films. They recommended the use of CBCT to better visualize the anatomy of roots and canals and to better understand the size and location of a lesion. Low and colleagues in a study of posterior maxillary teeth referred for surgery found that $34 \%$ more lesions were detected with CBCT that radiographs (28).

The aim of this study was to compare treatment planning decisions made when evaluating previous endodontic treatment to determine if treatment planned and projected prognosis differs when digital radiograph is used alone or in combination with CBCT.

## Materials and Methods

Institutional review board approval was obtained prior to this study (VCU IRB\#: HM200003015). This study utilized a retrospective dental chart review design. Sample consisted of a random selection of patients who presented to the VCU Endodontic Graduate Practice for evaluation for possible root canal retreatment between January 2011 and January 2015 for whom both standard 2-D radiographs and a cone-beam computed tomography (CBCT) image was obtained prior to recommending retreatment. Patients younger than 18 or older than 89 years of age were not included in the study. Pregnant patients were not included in the study. Once identified as part of the sample for the study, the patient's radiographic images (2-D and 3-D CBCT) were de-identified.

All CBCT scans were taken with the Carestream 9300 system (Carestream Health; Rochester, HY). All CBCT images were taken using a limited field of view ( $5 \times 5 \mathrm{~cm}$ ) and a voxel size of 0.090 mm . Operating parameters were set at $2-10 \mathrm{~mA}, 60-90 \mathrm{kV}$, and 12 seconds. CBCT images were analyzed using a Dell Optiplex 990 computer (Dell SA, Geneva, Switzerland). All PA's were taken with digital Dexis ${ }^{\text {TM }}$ sensor and view as described.

Patient charts which meet the inclusion criteria were reviewed by two endodontists who independently, under the same testing conditions, arrived at a recommended treatment and prognosis when limited to 2-dimensional images (PA's) only or with 2-dimensional images
(PA's) and CBCT combined. Examiners were allowed to manipulate the CBCT and PA's in any manner that was consistent with manufacturer's recommendations.

This study evaluated radiographs/CBCT in a "screening" mode. This is to say, the examiners viewed only the radiographic/CBCT images and came to a decision as to what treatment was recommended based on the images only. They were not provided with any diagnostic testing to help in their decisions. This was an effort to single out the benefits and value of radiographs and CBCT alone.

Study Phase I (Standard radiographs alone):
Once data was collected and de-identified it was presented individually and in random order to two endodontists. Each examiner was calibrated using a defined set of PA's and CBCT scans. All data was manipulated in the manufacturer's software. Each examiner was given the necessary time they felt they needed to evaluate the provided radiographs and come to a final decision as to what treatment they would recommend/perform. Once this was completed they immediately completed a REDCap survey/data sheet (Figure 1). This data sheet consisted of questions and data regarding their examination of the radiographs, pathology seen or not seen, lesion, lesion size, recommended treatment and prognosis of recommended treatment.

Study Phase II (Standard radiographs and CBCT):
On a different day, at least two weeks later, the two endodontists were presented with the same radiographs as well as the patient's CBCT image. All could be manipulated in the manufacturer's software. Each examiner was given the necessary time they felt they needed to evaluate the provided radiographs and CBCT and come to a final decision as to what treatment they would recommend/perform. Once this was completed they immediately completed the exact
same REDCap survey/data sheet as in Study phase 1, again consisting of questions and data regarding their examination of the radiographs, pathology seen or not seen, lesion, lesion size, recommended treatment and prognosis of recommended treatment.

Also, at this sitting a series of questions were presented (included in the phase 2 REDCap survey/data sheet) designed to determine the subjective usefulness of the CBCT. The questionnaire consisted of five subjective statements. The examiner chose the statement that best described the usefulness of the CBCT. A small comments section was also included where the examiner could explain their choice, if desired.

Study Phase III (Statistical Analysis):
The radiographic treatment plan and radiographic + CBCT treatment plan was then compared using descriptive statistics (counts and percentages) and McNemar's chi-square test to determine consistency where applicable. Additionally, inter-rater reliability was assessed using Kappa Statistic. All data analysis was performed in SAS EG 6.1 with a significance level of 0.05 .

## Results

A total of 28 cases were reviewed first with radiographs alone and then with radiographs + CBCT by two reviewers, for a total of 56 total cases reviewed. Each reviewer responded to a set of questions upon review of each set of materials (radiograph, radiograph +CBCT ).

## Diagnostic Ability

The impact of the CBCT on diagnosis was ascertained through the question "Which best describes the impact of the CBCT on your diagnosis?" The response choices are listed in Table 1 and ranged from "the CBCT confused my understanding" to "the CBCT provided the only information that aided in my ability to diagnose". None of the evaluators responded that the CBCT had no or detrimental influence on the diagnosis, rather all felt the CBCT had at least some impact on their ability to diagnose the case. Seventy-five percent (75\%) of the time the reviewers stated that the CBCT had a significant effect on the understanding of the case and improved diagnostic accuracy, while $16 \%$ of the time "the CBCT provided the only information that aided in my ability to diagnose the case".

Table 1: Perceived Impact of CBCT on Diagnosis

| Which best describes the impact of the CBCT on your diagnosis? | Frequency | Percent |
| :--- | ---: | ---: |
| The CBCT confused my understanding and made it difficult to diagnose | 0 | $0 \%$ |
| the case. | 0 | $0 \%$ |
| The CBCT had no effect on my understanding of the case. | 5 | $9 \%$ |
| The CBCT had some effect on my understanding of the case, but not <br> significantly. | 42 | $75 \%$ |
| The CBCT had a significant effect on my understanding of the case <br> which improved diagnostic accuracy. <br> The CBCT provided the only information that aided in my ability to <br> diagnose the case. | 9 | $16 \%$ |

## Treatment Modifications

Reviewers were asked to select a treatment plan for each case both when reviewing the radiograph alone and with the combined radiograph +CBCT . It was of particular interest to determine the percent of cases where the reviews resulted in the same treatment plan, when the treatment plan changed from non-surgical to a surgical procedure (i.e. microsurgery), and when the treatment changed retreatment to an extraction. Of the 56 cases reviewed, $43 \%$ resulted in treatment plan modifications when reviewed with both radiograph and CBCT. The percent of cases that were treatment planned for re-treatment with radiographs alone that changed to extraction after radiographs and CBCT was $7 \%$. A total of $15 \%$ were changed to a surgical procedure (microsurgery). While the additional information from the CBCT did result in more proposed extractions, it also resulted in some proposed saved teeth. With the radiograph alone, 10 teeth were planned for extraction, but only 8 were confirmed by the radiograph and CBCT
combination, resulting in "saving" $20 \%$ of teeth planned for extraction. Complete results are given in Table 2.

## Table 2: Treatment Plan Breakdown

| Treatment |  |  |
| :--- | ---: | ---: |
| Planned | Radiograph | Radiograph and CBCT |
| Extraction | $18 \%(10 / 56)$ | $32 \%(18 / 56)$ |
| NSReTx | $41 \%(23 / 56)$ | $14 \%(8 / 56)$ |
| None | $5 \%(3 / 56)$ | $13 \%(7 / 56)$ |
| Surgery | $36 \%(20 / 56)$ | $41 \%(23 / 56)$ |

## Prognosis

Each reviewer was also asked to predict case prognosis when reviewing the radiograph and again with the combined radiograph and CBCT. Using McNemar's Chi-square to test for differences in the projected prognosis, there was evidence of a difference between the perceived prognosis with the radiograph alone and the radiograph/CBCT combination $(P=0.0078)$. Results are given in Table 3 and Table 4.

## Table 3: Projected Prognosis

|  |  | CBCT and Radiograph |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Favorable | Questionable | Unfavorable |
|  | Favorable | 26 | 2 | 0 |
|  | Questionable | 16 | 5 | 2 |
|  | Unfavorable | 1 | 2 | 2 |
|  |  | 13 |  |  |

## Table 4: Breakdown of Projected Prognosis

|  | Radiograph | CBCT and Radiograph |
| :--- | ---: | ---: |
| Favorable | $50 \%$ | $77 \%$ |
| Questionable | $41 \%$ | $16 \%$ |
| Unfavorable | $9 \%$ | $7 \%$ |

For $41 \%$ of the cases, the projected prognosis changed. There were 17 instances (30\%) where the evaluator stated the treatment had questionable or unfavorable prognosis with the radiograph alone, but the addition of the CBCT resulted in a change in projected prognosis to favorable. The majority of the shift was a decrease in the projected prognosis of "Questionable" from $41 \%$ to $16 \%$ (Table 4)

## Inter-rater Reliability

In order to assess the consistency of the two raters, a Kappa Statistic was calculated to determine the agreement between the two raters on the proposed treatment both with the radiograph alone and with the addition of the CBCT. When treatment planning with the radiograph alone, the agreement was $\mathrm{k}=0.22$ and with the addition of the CBCT , the agreement increased, marginally, to $\mathrm{k}=0.28$. Table 5 and Table $\mathbf{6}$ contain the results for this comparison.

Table 5: Rater Agreement Radiograph Alone

|  | Rater A |  |  |  |
| :--- | ---: | ---: | ---: | ---: |
| Rater B | Extraction | NSReTx | None | Surgery |
| Extraction | 1 | 4 | 0 | 1 |
| NSReTx | 3 | 5 | 0 | 0 |
| None | 0 | 2 | 0 | 1 |
| Surgery | 0 | 4 | 0 | 7 |
|  |  |  |  |  |

Table 6: Rater Agreement Radiograph and CBCT

|  | Rater A |  |  |  |
| :--- | ---: | ---: | ---: | ---: |
| Rater B | Extraction | NSReTx | None | Surgery |
| Extraction | 3 | 3 | 1 | 7 |
| NSReTx | 0 | 1 | 1 | 0 |
| None | 1 | 2 | 1 | 0 |
| Surgery | 0 | 0 | 0 | 8 |

## Discussion

Correct diagnosis is the key factor in successful endodontic treatment. If an accurate diagnosis is not achieved, treatment success can suffer, the health of the patient could be at risk and teeth can be prematurely lost.

Understanding the etiology of an endodontic problem is the desire of every endodontist. This study was designed to determine if the added information provided by the CBCT allows the clinician to more accurately understand and determine the etiology of endodontic pathology in cases where a tooth has already been previously treated and therefore, make a more accurate treatment plan with an accurate prognosis.

In every case, this study resulted in the CBCT having at least some effect on the clinician's ability to diagnose. In $75 \%$ of the cases the clinician stated the CBCT had significant effect on their understanding and ability to treatment plan each case and $16 \%$ of the time stated it provided the only information that helped in treatment planning the case. In summary, in $91 \%$ of the cases the clinician felt the CBCT had a significant effect on treatment planning.

These results suggest that a significant percentage of retreatment cases would benefit from a CBCT scan. This finding does not discount a clinician's ability to understand and interpret standard radiographs or to minimize clinical years of experience, but suggests that CBCT is valuable in understanding and planning treatment in endodontic retreatment cases, even for experienced endodontists.

It is interesting to note how often prognosis changed once the CBCT was viewed. Prognosis changed in $41 \%$ of the cases. Ideally, any clinician would prefer to have an "improvement" of prognosis accompanied with a CBCT. Whether prognosis improves or is worsened was not the goal of this study. The goal was to observe, after viewing a CBCT, if the projected prognosis would change, therefore resulting, hopefully, in a more accurate posttreatment prognosis, which would lead to more predictable treatment for patients. This premise was supported by results showing $34 \%$ of the cases had an improvement of projected prognosis. It is important to note that unfavorable prognosis' decreased from $9 \%$ to $7 \%$. Although this difference is not significant, the decreased number of cases diagnosed as unfavorable, can be considered a positive result.

The total percentage of changes in projected prognosis was significant at $41 \%$. This is in line with similar studies $(22,23)$, but with a more specific criteria, non-surgical root canal treatment only. All other studies looked at a variety of endodontic treatment scenarios. Accuracy of prognosis prediction is paramount in retreatment where persistent disease is present and patient treatment costs are often substantial.

A weakness of the study is the inter-rater reliability which ranged between $22 \%-28 \%$, without CBCT and with CBCT, respectively. When treatment planning with the radiograph alone, the agreement was $\mathrm{k}=0.22$ and with the addition of the CBCT , the agreement increased, marginally, to $\mathrm{k}=0.28$. The degree of the agreement was fair. This was not surprising, however, because only two reviewers and only 28 cases were used. In the classic study by Goldman utilizing film, agreement between 6 examiners was found to be less that $50 \%$ (29). However, in a similar study Tewary and Hartwell, using digital radiography, found the overall agreement
between examiners was also fair (0.2-0.4) (30). Difference in agreement between examiners when viewing radiographs or CBCT scans may be indicative of differing preferences for treatment. Perhaps with more reviewers and larger sample size agreement between examiners would improve.

One of the most dramatic results of the study was related to treatment recommendations. In $43 \%$ of the cases a change in treatment was recommended when the CBCT was viewed. A total of $18 \%$ of cases changed from other treatment to extraction. This suggests how important it is to gather as much information as possible prior to treatment. The position paper on CBCT given by the AAE and AAOMR (1) states: "Limited FOV CBCT should be the imaging modality of choice when evaluating the non-healing of previous endodontic treatment to help determine the need for further treatment". It also states, "Limited FOV CBCT should be the imaging modality of choice for nonsurgical retreatment to assess endodontic treatment complications, such as overextended root canal obturation material, separated endodontic instruments, and localization of perforations." the AAE and AAOMR appear to express the importance and value of CBCT in non-surgical retreatment cases.

Our results clearly indicate that CBCT imagining causes changes in both treatment planning and prognosis. In all cases the CBCT had at least "some effect" on understanding each case and in $91 \%$ of cases the reviewers stated the CBCT had a "significant effect". This suggests that even if treatment or prognosis does not change, the added information, provided by the CBCT, is a benefit to the clinician. These findings support the rationale for the use of CBCT as presented in the AAE and AAOMR Position Paper.

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Appendices

## SURVEY AND RESEARCH REVIEWER DATA SHEETS

## Treatment Plan Data Sheet and DUDS

## Rater:

What is the axiUm ID
What are the patients' first and last initials (i.e. JD for John Doe)?

Which sources are you considering:

What pathology, if any, do you see on the image(s)? Select all that apply.

In regards to WIDENED PDL: Indicate which root(s) are involved. Check all that apply.

Since you indicated there is a PARL, which root/root apices is it associated with? Check all that apply.

Is the PARL combined on those root apices?

PARL: What is the estimated height of the lesion (in mm )?

PARL: What is the estimated width of the lesion (in mm )?

PARL: What is the estimated depth of the lesion (in mm ?

Since you indicated inadequate fill, was it:

Since you indicated inadequate fill, how [inadequate_fill] was the fill (in mm)?

Since you selected other pathology, please specify.Radiograph(s) aloneRadiograph(s) and CBCTNo pathologyWidened PDLPARLFracture ResorptionPerforation(s)Missed canal(s)Inadequate fills (long or short)Inadequate fills (Density, taper, etc) OtherSingle root
B
L
D
MB
DB OtherSingle rootM

P
MB
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No
$\square$ N/A
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What treatment(s) would you plan on performing?

Since you selected other treatment, please specify.
What do you feel is the prognosis of your planned treatment?

Which best describes the impact of the CBCT on your diagnosis?NoneNSReTx (no expectation of missed anatomy)NSReTx (expectation of missed anatomy)Perforation repair (any type)MicrosurgeryExtraction (due to suspected cracked tooth)Extraction (other) OtherFavorableQuestionableUnfavorableThe CBCT confused my understanding and made it difficult to diagnose the case.The CBCT had no effect on my understanding of the case.The CBCT had some effect on my understanding fo the case, but not significantly.The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy.
○ The CBCT provided the only information that aided in my ability to diagnose the case.

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| 120 | Unchecked | Unchecked | checked | Unchected | Unchecred |
| ${ }_{51}^{51}$ | Unchecked | Uncrecked | Unchecred | Unchected | Unchecred |
| ${ }_{11}^{86}$-icrumferential fedinem mid to apical | Unchecked | Unchecked | Unchecked | Unchecked | Unchecked |
| ${ }_{116}^{11}$ circumferential finding mid to apical root | Unchecked | Checked $\begin{aligned} & \text { Unchecked }\end{aligned}$ | Uncecered | Unchected | Unchecked Checked |
| 46 | Unchecreed | Unchecked | Unchecreed | Unchecked | Unchecred |
| 82 | Unchecked | Unchecked | Unchecked | Unchecked | Unchecked |
| ${ }_{4}^{59}$ Mid-root tesion Suvesesive of rootracture 3 mmx7mm defect | Unchecked | Unchecked | Checred Unchecred | Unchecked | Unchecked |
|  | Unchececed | Unchecered | Unchecked | Unchected | Unchecered |
| ${ }_{75}^{39}$ radioucencer midroot M.root, M and D aspect | Unchecked | Unchecked | checked | Unchected | Unchecred |
| 75 | Unchecked | Unchecked | Unchecred | Unchected | Unchecred |


| Record ID What treatm | What treatment(s) would you_0007 | Since you selected other treatme | What do you feel is the prognosi | crib |
| :---: | :---: | :---: | :---: | :---: |
| 22 Unchecked | Unchecked |  | Questionale |  |
| ${ }^{126}$ Unctecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic acuracy. |
| 58 Unchecked | Unchecked |  | Favorable |  |
| 92 Unchecked | Unchecked |  | Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 5 Unchecked | Unchecked |  | Questionab |  |
| 110 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 40 Unchecked | Unchecked |  | Favorable |  |
| 76 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accurac |
| 14 Unchecked | Unchecked |  | Questionable |  |
| 119 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic acur |
| 50 Unchecked | Unchecked |  | Questionable |  |
| 85 Checked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 8 Unchecked | Unchecked |  | Questionable |  |
| 113 Unchecked | Unchecked |  | Questionable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 43 Unchecked | Unchecked |  | Favorable |  |
| 79 Unchecked | Unchecked |  | Favorable | The CBCT had asignificant effect on my understanding of the case that improved diagostic accura |
| 21 Unchecked | Unchecked |  | Questionable |  |
| 125 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuraa |
| 57 Unchecked | Unchecked |  | Favorable |  |
| 91 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic acuracy. |
| 12 Unchecked | Unchecked |  | Favorable |  |
| 117 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 47 Unchecked | Unchecked |  | Favorable |  |
| 83 Checked | Unchecked |  | Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 132 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accurcy. |
| 98 Unchecked | Unchecked |  | Questionable | The c8CT had some effecton my understanding fo the case, but not sigifificanty |
| 29 Unchecked | Unchecked |  | Favorable |  |
| 65 Unchecked | Unchecked |  | Favorable |  |
| 25 Unchecked | Unchecked |  | Questionab |  |
| 129 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 61 Unchecked | Unchecked |  | Favorable |  |
| 95 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 2 Unchecked | Unchecked |  | Questionable |  |
| 107 Unchecked | Unchecked |  | Questionable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 37 Unchecked | Unchecked |  | Favorable |  |
| 73 checked | Unchecked |  | Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 6 Unchecked | Unchecked |  | Unfavorable |  |
| 111 Unchecked | Unchecked |  | Unfavorale | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| ${ }_{11}$ checked | Unchecked |  |  |  |
| 77 Unchecked | Unchecked Unchecked |  | Favorale | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 7 Checked 112 Unchecked | Unchecked |  | Unfavorable Questionable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 42 Unchecked | Unchecked |  | Favorable |  |
| 78 Checked | Unchecked |  | Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 1 Checked | Unchecked |  | Questionable |  |
| 106 Checked | Unchecked |  | Unfavorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 36 Unchecked | Unchecked |  | Favorable |  |
| 72 Checked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 10 Unchecked | Unchecked |  | Favorable |  |
| 115 Unchecked | Unchecked |  | Questionale Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 45 Unchecked | Unchecked |  | Favorable |  |
| 81 Unchecked | Unchecked |  | Favorable Favorale | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 33 Unchecked 34 Unchecked | Unchecked |  | Favorable Favorable |  |
| 136 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 137 Unchecked | Unchecked |  | Favorable | The cBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 69 Unchecked | Unchecked |  | Questionable |  |
| 70 Unchecked | Unchecked |  | Questionable |  |
| 102 Unchecked | Checked | refer for biops, possible cyst | Unfavorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 103 Unchecked | Checked | refere for biops, possible cyst | Unfavorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 55 checked | Unchecked |  | Favorable |  |
| 19 Unchecked | Unchecked |  | Questionable |  |
| 124 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 90 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 17 Unchecked | Unchecked |  | Questionable |  |
| 122 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 53 Unchecked | Unchecked |  | Favorable |  |
| 88 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 3 Unchecked | Unchecked |  | Questionable |  |
| 108 Unchecked | Unchecked |  | Questionable | The cBCT had some effect on my understanding fo the case, but not significanty |
| 38 Unchecked 74 Unchecked | Unchecked |  | Questionable Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 9 Unchecked | Unchecked |  | Questionable |  |
| 114 Checked | Unchecked |  | Unfavorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 44 checked | Unchecked |  | Favorable |  |
| 80 Checked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 35 Unchecked | Unchecked |  | Questionable |  |
| 138 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 71 Unchecked | Unchecked |  | Favorable |  |
| 104 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 32 Unchecked | Unchecked |  | Favorable |  |
| 135 Uncrecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| ${ }_{68}^{68 \text { Unchecked }} 101$ Unchecked | Unchecked |  | Questionable <br> Favorable | The cBCT had a significant effect on my understanding of the case that improved diagnosicic acuracy. |
| 28 Unchecked | Unchecked |  | Favorable |  |
| 131 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 64 Unchecked | Unchecked |  | Favorable |  |
| 97 Unchecked | Unchecked |  | Favorable | The cBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 31 Unchecked | Unchecked |  | Favorable |  |
| 134 Unctecked 67 Unchecked | Unchecked Unchecked |  | Favorable Eavorale | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| ${ }^{67}$ Uncrecked | Unchecked |  | Favorable Favorable | The cBCT had some effect on my understanding fo the case, but not significanty |
| 30 Unchecked | Unchecked |  | Questionable |  |
| 133 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 66 Unchecked | Unchecked |  | Favorable |  |
| 99 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 52 Unchecked | Unchecked |  | Favorate |  |
| 16 Unchecked | Unchecked |  | Questionable |  |
| 87 Unchecked | Unchecked |  | Favorable | The cBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 121 Unchecked | Unchecked |  | Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic acuracy. |
| 13 Unchecked | Unchecked |  | Questionable |  |
| 118 Unchecked 48 Unchecked | Unchecked |  | Questionable Favorable | The CBCT had some effect on my understanding fo the case, but not significanty |
| 84 Unchecked | Unchecked |  | Favorable | The ccCT had some effect on my understanding fo the case, but not significantly |
| 18 Unchecked | Unchecked |  | Questionable |  |
| 123 Unchecked | Unchecked |  | Favarale | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 54 Unchecked | Unchecked |  | Questionable |  |
| 89 Unchecked <br> 15 Unchecked | Unchecked |  | Questionable Questionable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 120 Unchecked | Unchecked |  | Favorable | The cBCT provided the only information that aided in my ability to diagnose the case. |
| 51 Checked | Unchecked |  | Favorable |  |
| 86 checked | Unchecked |  | Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 11 Unchecked | Unchecked |  | Unfavorable |  |
| ${ }_{46}^{116}$ Unchecked |  |  | Questionable Favorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 46 Unchecked <br> 82 Checked | Unchecked Unchecked |  | Favorable Favorable | The CBCT provided the only information that aided in my ability to diagnose the case. |
| 59 Unchecked | Unchecked |  | Favorable |  |
| 4 Unchecked | Unchecked |  | Unfavorable |  |
| 109 Checked 39 Unchecked |  |  | Unfavorable | The CBCT had a significant effect on my understanding of the case that improved diagnostic accuracy. |
| 75 checked | Unchecked |  | Favorable | The CBCT had a sigifificant effect on my understanding of the case that improved diagnostic acura |



## Vita

Dr. McKay Packer was born on June 19, 1976, in Salt Lake City Utah. Dr. Packer received his Bachelor of Science in Medical Biology from the University of Utah in 2003. He received his Doctor of Dental Surgery in 2006 from Virginia Commonwealth University, School of Dentistry. Dr. Packer owned his own general dentistry practice for 8 years. He then enrolled in the Advanced Specialty Program in Endodontics at Virginia Commonwealth University, School of Dentistry. Dr. Packer is a member of the AAE and ADA and will enter private practice in Fort Wayne, Indiana. He will graduate from Virginia Commonwealth University with a Master of Science in Dentistry and a Certificate in Endodontics.


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